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From the Sports Desk with John English

Soccer Season Comes to a Close; Baseball and Softball Teams Pick Up Wins

The Brewer boys soccer team's season came to an end last week in the bi-district round with a 2-0 loss to Colleyville Heritage.

The Bears finished third in 5-5A competition this season with a 5-4-1 record in district.

On the diamond, the Brewer softball team defeated Granbury 11-2 last Tuesday.

Mia Serrato went 2-3 with 5 RBI for the Lady Bears, while Kaylee Ramirez was 3- players Logan Johnston and Lindsey 3 with an RBI and 2 stolen bases.

Karlie Landrum got it done at the plate Doubles and on the mound, going 2-4 with a home Tournament on March 24. run and 3 RBI and pitching 7 innings, giving up 2 runs on 1 hit and with 17 strike Levi Jones (top right) won first place in outs.

The Brewer baseball team opened up district with a split against Aledo this past Tournament on March 22. week, and coach Gilbert Ramirez said there were a couple of good takeaways.

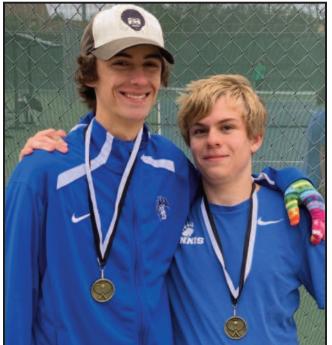
"I thought we came out with some nerves on Tuesday and it showed defensively," Ramirez said. "We did a great job at practice on Wednesday and Thursday and played really well on Friday."

Aledo won 7-0 on Tuesday and Brewer rebounded with a (continued on page 5)

From White Settlement ISD

Varsity Tennis Athletes Win First Place in Mixed Doubles





Brewer High School varsity tennis Farris (above) won first place in Mixed at the Arlington

JV tennis players Mattix Nelson and Boys' Doubles A Draw, and Camden **Corley** (right) took Consolation Champ in Boys' Singles A at the South Hills

Head Coach is Timothy Kromer and Assistant is Daniel Richey.



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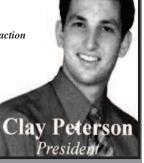
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nd/Drug Screen Required - HS Diploma or GED Required - Valid Town Driver's License w/Safe Driving Record Required

From the City of White Settlement

Kids Kleen It April 23

Kids of all ages are invited to help us remove litter and other debris from Central Park in White Settlement.

The event will begin at the Gene Hatcher Pavilion at 9 a.m. on Saturday, April 23. The city will provide all of the cleaning supplies and some free goodies as well.

We will also raffle off Splash Dayz Water Park tickets at the event.

For more information, call City Hall at 817-246-4971.

From the City of White Settlement

Free Kid Fish April 9

Spring is finally upon us which means it's almost time for one of our most popular events of the year.

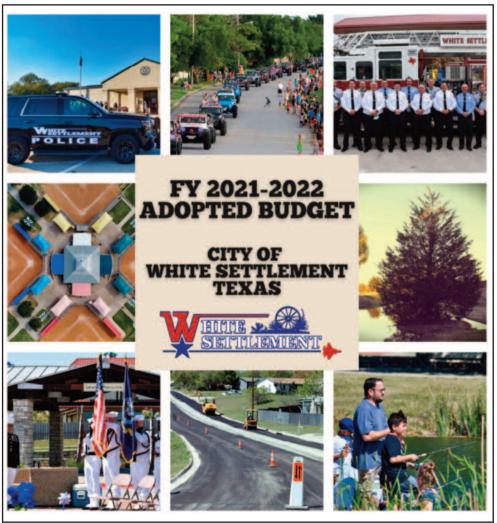
The spring Kid Fish is taking place on Saturday, April 9 from 9 to 11 a.m. at Veterans Park located at 8901 Clifford Street in White Settlement.

This free event presents a great opportunity to spend some time outdoors with the family!

For more information and to register, visit the City's website.

From the City of White Settlement

Budget Book Online



It is now easier than ever to dive into the details of the City budget. The online budget book takes our annual budget book to the next level by giving users a plethora of interactive tools that allow you to drill deep into the budget information. The online budget book highlights more than just numbers, it gives you a comprehensive view of operations, policies and financial plans and communicates them in an understandable and accessible way.

Using the online budget book, you can get a department-by-department view of the goals and objectives that are guiding the City in the current fiscal year, and beyond.

You can find the online budget book here.

From the City of White Settlement

Mobile COVID-19 Vaccination Clinic April 1

Tarrant County Public Health (TCPH) will set up a mobile COVID-19 vaccination clinic in the Municipal Complex parking lot located at 8213 White Settlement Rd. on Friday, April 1 from 10 a.m. to 2 p.m.

TCPH will be offering Pfizer, Moderna, and the J&J vaccines and booster shots. While Moderna and J&J are only available to those 18 years old and older, the Pfizer vaccine is available to everyone ages 5 years old and older.

Please be advised that any minors (ages 5 to 17) must have a parent or guardian present to receive the vaccine. The parent must also present their ID, as well as documentation with proof of the child's age (i.e., birth certificate, shot record, passport, etc.)

If you have any questions, call Tarrant County Public Health at 817-248-6299.





Brewer Sports (continued from page 1)

1-0 victory on Friday.

Ramirez said he had a couple of standout performances in the game.

"I thought Andy Deaton, Jeremy Johnson and Andrew Moralez pitched well on Thursday and Trey Ramirez and Jeremy Johnson were great on Friday," Ramirez said.

Trey Ramirez (6IP, 4H, 0R, 7Ks, 1B) earned the win on Friday and Jeremy Johnson (1IP, 1 H, 0R) got the save.

"We had great defense efforts by Jaydan Ayala, Ricky Martinez, Jessie Orozco and Colby Jenkins and a great job behind the plate by Blayne Senger," Ramirez said.

The Brewer coach said he saw some things in the districtopening series that made him optimistic for the season.

"I loved the way we responded to Tuesday's loss and came out really confident on Friday," Ramirez said. "We have now won 3 of our last 4 games and are 1-1 in district."

Ramirez said he expects another tough district series with Wichita Falls this week and "can't wait to see us compete."

Suburban Newspapers Staff Writers

Feed My Sheep Open **Saturday**

The Feed My Sheep ministry, which provides clothing and food items to those in need at no charge, will be held on Saturday, April 2 from 9 a.m. to noon at Bethany Christian Church, located at 1500 Meadow Park Dr. in White Settlement.

Bethany Christian Church accepts donations of clean, usable clothes and shoes, non-perishable foods and health and beauty items.

For more information call 817-246-1170.

From White Settlement ISD

Fine Arts Academy Kindergarten Lottery

Thursday, April 7 live on the FAA Facebook page.

Interested families must complete the Google Survey no later than 5 p.m. April 6.

Students must live within the WSISD attendance boundaries. Upon completion of the form, parents will receive a confirmation email from FAA with a lottery number.

FAA has 18 spots available for next fall. After the first names are drawn, school officials will draw all numbers and place those numbers on a waiting list.

13U Texas Forge Baseball **Team Wins Lucky Dingers** Tournament



The 13U Texas Forge AA baseball team took home the championship banner at the National Championship Sports Lucky Dingers Tournament in Irving on Saturday and Sunday, March 26 and 27.

Players are: (bottom) Corban Crawford; (kneeling) David Ellington, Colby Fields; (back) Jake Underhill, Case Wisdom, Kayden Stickles, Nolan Utterback, Clayton Neeley, Westin Moxley, Jake Brannon and Tevin Culberson.

Coaches are Jeff Underhill, Justin Moxley and Sandy Fields.

From White Settlement ISD

Sixth Graders Invited to Brewer Middle School The Fine Arts Academy Kindergarten Lottery will be at 6 p.m. Red Carpet Night April 13

Brewer Middle School will host a Red Carpet Night for all sixth grade students and their parents on Wednesday, April 13 from 5:30 to 7 p.m. The evening for next year's seventh graders will include a hot dog dinner, campus tours, and booths with information about electives and student organizations.

Parent and student meetings will be offered at 5:45, 6:15 and 6:45 to provide details about the seventh grade course offerings and other information about BMS. 7th grade course offerings and other general information about BMS.

From Texas to Oklahoma - Greer County

Texas is an immense landscape, and the land seems to stretch on mostly devoted to ranching. forever. The question of the Texas border has resulted in many dispiece of Texas called Greer County becoming a part of Oklahoma.

The dispute arose over a portion of a fork in the Red River. On the border of what is now Wilbarger County, the Red River forks into two distinct rivers. One fork, called at one time the South Fork and now often referred to as the Prairie Dog Town Fork, continues westerly into the Panhandle. Another fork, called the North Fork, goes straight northward from the main branch of the Red River before curving back westward and into the Panhandle along what is now Interstate 40.

In 1819, the United States signed the Adams-Onis Treaty with Spain, which set portions of the Texas border at the Red River. Years after Texas gained its independence from Mexico and then joined the Union, it claimed the North Fork of the Red River as part of its boundary with the 100th Meridian marking the eastern edge of the Panhandle. The areas to the north of the Red River were set aside as the Indian Territory, lands reserved for Native American tribes.

A series of surveys were completed by the federal government in the 1850s to further define the border. As the surveys were completed, Texas officials moved to secure their claim by organizing the entire region between the North Fork of the Red River and the 100th Meridian as Greer County.

The county was named for veteran Texas politician John Alexander Greer. Greer had a respected career that included serving as the last Secretary of the Treasury of the Republic of Texas under President Anson Jones in 1845 and later served as the second lieutenant governor of Texas from 1847 to 1851. He died in 1855. The Texas Legislature named the county in his honor in February 1860.

After the interruptions of the Civil War and Reconstruction, settlement in the area picked up steadily in the 1880s. In 1879, when Congress created a new federal judicial district for North Texas, Greer County was included rather than being pushed into the Indian Territory. By 1886, the town of Mangum was established as the county seat, with schools and ranches being established across the area.

After the Indian Territory was opened to settlement and Native American claims stripped away, the federal government took interest in Greer County.

Where Texas had claimed the North Fork as the border, the federal government claimed the South Fork as the border, putting Greer County in the newly rechristened Oklahoma Territory. A protracted legal fight erupted. In 1895, the Supreme Court heard testimony from both sides but ruled that the southern fork was the real boundary, ruling in United States v. Texas in 1896.

Congress formalized the ruling later that year, giving Oklahoma full rights to Greer County.

Since Oklahoma was admitted as a state in 1907, Greer County was subdivided into four counties: Greer, Beckham, Jackson, and Harmon. The area today is thinly populated, and the economy is

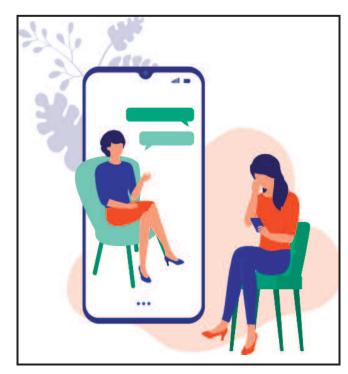
Border disputes between Texas and Oklahoma continued for putes. One infamous land dispute in the late 1800s resulted in a more than a century. By 2000, Texas and Oklahoma agreed to a formal river boundary at the vegetation line on the south bank of the Red River and Prairie Dog Town Fork of the Red River.

> The fight over Greer County proved to be just one of many battles that Texas and Oklahoma had to face with each other.





Mental Healthcare and You – Finding the Right Fit



Searching for a mental health provider? You likely have questions.

Recent research from virtual care provider MDLIVE suggests that confusion around finding a mental healthcare provider is common. One in five surveyed said they were concerned about finding a provider match and 70 percent experience confusion and uncertainty about where to begin. The research also revealed that not everyone knows the difference between the various mental health professionals -- psychiatrists, psychologists, counselors, mental health coaches and others.

"Many people are ready to get depression, anxiety and stress under control by working with a mental health professional, but get bogged down right from the start. Confusion about selecting a professional that best suits their needs causes a lot of people to give up. That's something we want to change," says Dr. Shakira Espada-Campos, who brings more than two decades of direct practice experience to her role as behavioral health medical director at MDLIVE.

To help you in your search, MDLIVE is answering some frequently asked questions:

When is it time to see a therapist?

Mental healthcare is self-care that most everyone can benefit from. However, if your emotional state is interfering with your daily life, it's definitely time to take

action. Beyond the common signs of men-counseling tal illness, such as sadness, drug and alco- Assistance Program (EAP). EAP counhol misuse, trouble sleeping and mood selors can help with a variety of mental swings, Dr. Espada-Campos notes that health concerns, however, members are there are some often overlooked signals typically restricted to a set number of sesthat could indicate it's time to seek treat- sions. If you're suffering from a recurring ment. These include withdrawing from mental health issue, check what options are loved ones, feeling fatigued, having a lack available through your health plan. of motivation and frequently "zoning out." She also notes that life events such as Can therapists be seen remotely? decoupling, job loss or the loss of a loved one can often trigger the need for profes- option, can provide private, convenient, sional mental health support.

What's the difference between therapists and psychiatrists?

same things, however, psychiatrists are medical doctors who can diagnose psychiatric conditions and prescribe medication, while therapists are licensed providers who can evaluate and support people with emotional or behavioral health concerns Cowtown Gourd through talk therapy.

What should one look for in a provider?

Mental healthcare is highly personal and it's essential that your provider is someone you can open up to, make progress with and not feel judged by.

A good place to start is by working with a provider who has experience treating learn on gourds. patients like you.

Understand that you may not find the new people. right therapist on your first try. Dr. Espada-Campos encourages individuals to both 254-834-3573. trust their feelings in this regard and to take an active role in their sessions by asking questions like, "What can I do to help my treatment?" and "How can we work together to achieve my goals?"

Does insurance cover therapy?

In recent years, many health plans and employers have acknowledged the importance of mental healthcare and have expanded the resources available to their members and employees. Check coverage details online or through the plan's call center. Alternatively, you may wish to seek through

Virtual care, an increasingly popular quality care quickly, and is often offered by health plans.

Finding a mental healthcare provider can feel overwhelming. However, identify-Psychiatrists and therapists can treat the ing what you want out of care and understanding the different treatments available can help demystify the process.

> From the Cowtown Gourd Patch Patch to Meet April 2

The Cowtown Gourd Patch meets the first Sunday of each month at 2 p.m. at the Benbrook Lion's Club, located at 238 San Angelo Ave.

Each meeting is a different technique to No experience is required, just a desire to have fun and meet

For more information contact Nancy at

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Three Day Weekend Forecast



Friday, April 1:

AM - Partly sunny; high near 78. S/SE wind 10-20mph, with gusts as high as 25mph. PM - A 20% chance of showers. Partly cloudy; low around 53. SE wind 10-5mph, with gusts as high as 25 mph.



Saturday, April 2:

AM - Sunny; high near 77. N wind 10-15mph, with gusts as high as 25mph. **PM** - Mostly clear, with a low around 50.



Sunday, April 3:

AM - Sunny, with a high near 81. **PM** - Partly cloudy, with a low around 56.

Extended Forecast Click Here