

83rd Year No. 40 • 7820 Wyatt Drive, White Settlement, Texas 76108 • www.suburban-newspapers.com • October 5, 2023

# From the Sports Desk with John Loven **Castleberry Lions are 0-2 in District**

The Castleberry High School football team entered their second district game with an overall record of 1-3. They faced a team with the same record of 1-3. However, their district opponent, Kennedale, had lost to some pretty good football teams: La Vega (35-28), Alvarado (47-7), and Dennison (21-3).

The Lions were coming off a disappointing 46-11 loss to crosstown rival Lake Worth. Meanwhile, the Wildcats were coming off their first victory of the season, a district opening defeat of Eastern Hills 38-6.

The Lions hosted the Wildcats on Friday, Sept. 29 at W.O. Barnes stadium. This game turned rather ugly pretty quickly for Lion fans. Kennedale took less than two minutes to score on their opening possession. Highlighted by an opening run of 45 yards by Wildcat quarterback, they took just four plays to score. A 7yard touchdown run and point-after-touchdown gave Kennedale a 7-0 lead with 10:21 left in the first quarter. This was just the beginning of a nightmare of a first quarter for the Lions.

On Castleberry's first possession they gained one yard and were forced to punt. However, the punt snap was mishandled and scooped up by Kennedale and run in for a score. At the 9:02 mark of the first quarter it was 14-0.

The Lions responded to this quick deficit with a nice 10-play drive. But it ended when they failed to convert a 4th-and-two from the Wildcat 44-yard line. Kennedale took over on downs and took one play to score. A 55-yard touchdown run pushed the lead to 21-0 with 4:59 still left in the opening quarter.

Castleberry's next possession showed a little promise. On second-and-14, quarterback Demetrius Valadez (#7) completed a pass to freshman Brian Ceniceros (#16) for a 16-yard gain and a first down. However, on the next play CHS fumbled and it was recovered in mid air and returned for yet another Wildcat touchdown. With 4:18 left in the quarter the Kennedale lead stretched to 28-0. And the first quarter nightmare was not quite over. The Wildcats score more touchdown on an 18-yard run by their quarterback with 1:53 left in the quarter for a 35-0 lead.

As the guarter ended and the second guarter began, the Lions gained a couple of first downs. But then they were forced to punt. Their very poor punt gave the Wildcats great (continued on page 4)

### Around the Town with Denise Honeycutt **Camp Carter Celebration**

Camp Carter in River Oaks celebrated their 75th anniversary at the facility on Saturday, Sept. 30.

Individuals enjoyed participating in the Challenge Course, Archery, Canoeing, Zip Line and much more.





Six-year-old Matthew Martinez attempts to scale the Al- the Giant Swing. pine Tower.

Carter Gipson had fun on



Beautiful Camp Carter pond.

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**Edward Russell Corey** 

*White Settlement* - Edward Russell Corey, 69, passed away Saturday, Sept. 23, 2023.

Funeral services were held Monday, Oct. 2, 2023, in Greenwood Chapel. Interment: Greenwood Memorial Park. In lieu of flowers, the family requests donations be made in his memory to the Alzheimer's Association.

Edward was born Nov. 9, 1953, in Canada, but raised in Oregon City, Ore. After high school, he attended a local community college before transferring to Oregon State University, where he played football.

An Academic All American, he graduated with a Bachelor's degree in entomology. He worked for Pacific Northwest Bell for many years before joining the Oregon State Department of Agriculture, working in the field to track invasive species.

From the age of 17, his main hobby was ham radio. He was a lifetime member of ARRL. As an active member of Hoodview Amateur Radio Club, he participated in their events, serving as vice president during his time there.

In 2010, he met his future wife, Dawne Kite. They moved to Texas in early 2015 and were married in September of that year. They spent their time exploring local areas of interest. He was active with a local radio club until his stroke in 2017.

Ed was preceded in death by his parents, Charles Byron Corey and Natalie Belozer Corey; and his brother, Larry Wayne Corey.

Survivors: Wife, Dawne Corey of Fort Worth; nieces, Karen Wagenman and husband, Todd of Oregon City, Cynthia Holloway and husband, Matt of Fort Worth; nephew, Kenneth Wayne Corey of Oregon City, Greg Gillespie of Mabank; and numerous greatnieces, great-nephews, cousins and friends.

# From the City of River Oaks Get Free COVID Test Kits

Beginning Sept. 25, every U.S. household can again place an order to receive four more free COVID-19 rapid tests delivered directly to their home.

Before you throw out "expired" tests, check the FDA's website to see if your COVID-19 test expiration date has been extended.

Need help placing an order for your at-home tests? Call 1-800-232-0233 (TTY 1-888-720-7489).





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Publisher: Boyden Underwood, publisher@suburban-newspapers.com Editor: Emily Moxley, suburbannews@sbcglobal.net

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## Suburban Newspapers, Inc. From Castleberry ISD Castleberry HS Announces Homecoming Court and Underclassmen Royalty



Castleberry High School is proud to announce the selection of students nominated and elected by their fellow classmates to serve on this year's Homecoming Court and Underclassmen Royalty. These outstanding students have earned this recognition through the votes and support of their peers.



The introduction of the Homecoming Court members is scheduled to take place during halftime at the Homecoming football game on Friday, Oct. 13, and the King and Queen for the Class of 2024 will be officially announced.

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# From Castleberry ISD Community Block Party Hosted by IMMS Oct. 12

Irma Marsh Middle School is hosting a Community Block Party to celebrate Castleberry's homecoming!

Members of the community are invited to bring a chair and set up in the front parking lot of the school on Thursday, Oct. 12 at 5 p.m. Enjoy a great view of the parade and free food (until it's gone).

The following community resources and organizations will be available during the event in the vendor booth area.

- Aetna (Medicaid, CHIP)
- Bibles and Bread Ministries
- Reyes Boxing Club
- Cowtown Nutrition
- Cook Children's
- Castleberry's ACE After School Program
- JPS
- Reyes Boxing Club
- Tarrant County 9-1-1
- The Excel Center

Contact Keila Mendez (mendezk@castleberryisd.net), social worker at IMMS, to sign up a community organization or local business to be part of the community resource and vendor area.



## Suburban Newspapers, Inc. **Sports Desk** (continued from page 1)

their own 46-yard line. Kennedale followed With 3:42 left in the third quarter the scored with a 14-play drive. The drive ended with swelled to 52-7. The long night ended with a 26-yard field goal by the Wildcats which that being the final score as neither team Award pushed the lead to 38-0 with 4:37 left until scored in the fourth quarter. halftime.

from their own 25-yard line. On first down, 2). Valadez (#7) found his favorite target, junior Corbett Brown (#5). Brown managed to get another miserable season, having lost their behind the Kennedale secondary and Vala- five games by a combined score of 287-19 dez connected with him on an exciting 75vard touchdown. Kicker Chris Montoya five games). Kickoff is at 7 p.m. (#23) connected on the point-after-touchdown. The Lions got on the scoreboard with 4:21 left in the first half but still trailed 38-7. This scored carried through to halftime.

The Lions received the second half opening kickoff. After picking up and initial first down the drive stalled and CHS was forced to punt. But the punt snap/catch problems continue to plague the Lions and they fumbled the snap which the Wildcats recovered on the Lions 30-yard line.

The CHS defense stepped up and appeared to hold the Wildcats to 43-yard field goal attempt which fell short. But unfortunately, the Lions committed a personal foul on the play which gave the ball back to Kennedale with a first down.

Three plays later, they scored a touchdown. Score 45-7 (7:02/third).

Kennedale closed out the scoring with



field position as they began the drive on another touchdown following a short drive.

The Lions (1-4/0-2) will travel to Han-Castleberry began their next possession dley Field to take on Diamond-Hill (0-5/0-

> The Eagles are really struggling through (including being shut-out in four of their

Go Lions!

The next meeting for the River Oaks **City Council is** scheduled for Tuesday, Oct. 10 at 6 p.m. at **River Oaks City Hall** located at 4900 River Oaks Blvd. Agendas are available online

at: https://riveroakstx.com/ documents/1

**October 5, 2023, PAGE 4** From Suburban Newspapers Staff Writers

# **Girl Scouts Complete Bronze**



Terrwyn and Ena Martin recently completed their Bronze Award. This is the highest award a Junior Girl Scout can receive.

Their project benefitted 4Paws and Crowley Animal Shelter. They made toys, and collected donations.

They are members of White Settlement Troop 2528.



### Suburban Newspapers, Inc. Around the Town with Denise Honeycutt **River Oaks Fire Department Recognizes** New Inductees

The swearing in of Captain Robert Whatley; Engineer Shannon Stephens and Firefighters Brandon Harris and George Brock to permanent status at the River Oaks Fire Department was held at City Hall recently.

Fire Chief Russell Shelley presided over this event.

These individuals completed their initial year of employment and satisfactorily finished all phases of their probationary period and training.





Firefighter George Brock and Kirstie Harper.

Monique Bridges (Mom) and Firefighter Brandon Harris.





Shannon Fire Engineer Stephens and wife, Valerie ley and wife, Stacy Whatley. Stephens.

Fire Captain Robert What-

# From StatePoint **Five Weight Loss Tips For Busy Parents**

For parents, juggling the demands of work and home life can no doubt take a toll on physical health. In fact, a Cornell University study of 50 working moms and dads found that more than half turned to unhealthy eating options – such as pizza and fast food, because they were too busy to start a new healthy eating plan.

Here are five tips to fall back into a healthier routine and conquer your weight loss goals:

Eat enough protein. Protein is the key to feeling full and satisfied, especially when you're trying to lose a few pounds.

Get moving with fun, 15-minute workouts. As a busy parent, finding time to exercise may not be top of mind. Committing to just 15 minutes daily will do wonders for your health and help you stay on track with your weight loss goals. Look for new and exciting workouts to try, such as Pilates, dance and boxing, so that you don't get tired of doing the same exercises.

You can also get the family involved. Go on an evening walk together or take all the boredom out of exercise and have a dance competition!

Stock your fridge with healthy, seasonal options. Fall is the perfect time to enjoy in-season fruits and vegetables. During the cooler months, you'll find mouth-watering produce like apples, squash, salad greens, broccoli and Brussels sprouts that will satisfy your tastebuds. If you like trying new things, consider beets. Low in calories and high in fiber, vitamin C and potassium, beets make a great vegetable to add to your grocery list.

Plan your menu for the week. You're busy, so opt for easy, convenient options. That's where planning your weekly menu using healthy and simple ingredients comes in. Make sure to include variety so you don't risk getting bored. If you find yourself saying, "I had this last week. I don't feel like having that again," you may find yourself ordering takeout.

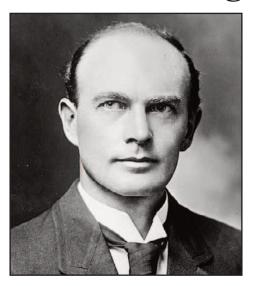
Another option is to look for a service that will deliver nutritionally-balanced, portion-controlled meals to your door.

Prioritize yourself. Being a busy parent can be exciting, but it could also mean having difficulty prioritizing yourself. Write yourself encouraging daily reminders and hang them around your home and workplace. Set aside time to read a book before bed. Do yoga for 15 minutes in your living room to unwind. Finding something new you love – be it meditation, crafting or listening to a podcast - can motivate you to stay committed to yourself.

Utilizing these simple tips will help you balance your busy work and home life and guide you on your successful weight loss journey. If you slip up, don't harp on your mistake instead, forgive yourself and start again.

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#### Suburban Newspapers, Inc. **Texas History Minute** Democratic Congressman, Hatton W. Sumners by Dr. Ken Bridges



litical figures in its long history. In the 1930s, Texas had one of the most influential congressional delegations in the nation, including Sen. Morris Sheppard, the Senate Minority Whip, House Speaker John Nance Garner, and other congressmen such as future House Speaker Sam Rayburn and Bank to Dallas. The move solidified the po-Wright Patman.

Among those figures was Congressman in the state. Hatton Sumners of Dallas, a 34-year veteran of Congress and chairman of the House Ju- edged his expertise on constitutional law diciary Committee for 14 years, helping to shape the direction of the federal judiciary.

Hatton Sumners was born in 1875 on a farm in Lincoln County, Tennessee, on the including changes to case loads and retireborder with Alabama. His father had been a ments. Though he supported a fair and Confederate officer during the Civil War, school. When he was 19, the family moved to Texas, settling in Garland, then a tiny community of just over 500 residents a few miles from Dallas.

Sumners wanted to pursue higher education and was interested in a law career. However, money was tight; and there were few alternatives at the time. He went to the Dallas city attorney, Alfred Wonzencraft, and fend the interests of Congress in several explained his plight.

him to work at his law firm, allowing him to study the law at night and even sleep in the tution for the islands. offices. By 1897, Sumners passed the bar exam and began his work as an attorney.

County Attorney. Though only having prac-

county a priority, a crusade that he claimed dation. led to his defeat in the 1902 primary. He state legislature to push through a bill making running a gambling establishment a fel-1906 and was named president of the state next few years running his own law firm.

In 1912, he was elected to Congress. He Texas has produced many powerful po- jumped into his work, quickly passing a bill to make Dallas a port of entry, easing the importation of products from abroad. Sumners was an enthusiastic supporter of the Federal Reserve Act to reform the nation's banking system. He was instrumental in bringing the regional Federal Reserve sition of Dallas as a major financial center

> His congressional colleagues acknowland had him assigned to the House Judiciary Committee in 1919. He worked on a number of reforms to the federal judiciary, transparent judiciary, he was often hostile to erners at the time.

committee work, he served as a House manager in the impeachment cases of three federal judges in their trials before the Senate. He also appeared as an attorney before the Supreme Court on several occasions to decases. In 1934, as President Franklin D. Impressed by Sumners, Wozencraft hired Roosevelt prepared to grant independence to the Philippines, Sumners wrote a consti-

In 1946, he announced his retirement after 17 terms in Congress. He enjoyed a In 1900, he decided to run for Dallas quiet life upon his return to Dallas. He lived on the campus of Southern Methodist Uniticed for three years, Sumners won easily versity for several years while working as

and became county attorney at the age of the Director of Research in Law and Gov-25. He made shutting down gambling in the ernment for the Southwestern Legal Foun-

In 1949, he established the Hatton was re-elected in 1904 and convinced the Sumners Foundation to offer scholarships to aspiring students and grants for researchers.

He published a book outlining his ideas ony. He declined to run for a third term in about government and the importance of the civic responsibilities of individuals in The district attorney's association and spent the Private Citizen and His Democracy in 1959.

He died quietly in 1962.

# From the Benbrook Public Library **Identifying Native Snakes Class** Saturday at the Library

Patrons will learn about what snakes they may come into contact with in North Texas and how to identify them.

Join the fun on Saturday, Oct. 7 from 12:30 to 2 p.m. at the Benbrook Public Library, located at 1065 Mercedes St. in Benbrook, 76126.

This event is open to all age groups.

Staff often take pictures during library and his parents also operated a boarding civil rights legislation, as were many south- programs. The library uses photos in its publicity, in social media, and on its web-Sumners became chairman of the House site. If you do not want your photo used, Judiciary Committee in 1932. As part of his please contact the library and the library will honor that request.

> For more information, contact 817-249-6632 or visit www.benbrooklibrary.org.



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# **Three Day Weekend Forecast**



# Friday, Oct. 6:

<u>AM</u> - Sunny, with a high near 81. N/NE wind 5 to 15 mph, with gusts as high as 20 mph. <u>PM</u> - Partly cloudy, with a low around 54. N/NE wind 15 to 20 mph, with gusts as high as 25 mph.



## Saturday, Oct. 7:

<u>AM</u> - Mostly sunny, with a high near 71. N/NE wind around 15 mph, with gusts as high as 25 mph. <u>PM</u> - Partly cloudy, with a low around 51. NE wind 5 to 10 mph becoming south southeast after midnight.



## Sunday, Oct. 8:

<u>AM</u> - Sunny, with a high near 77. South wind 5 to 10 mph. <u>PM</u> - Mostly clear, with a low around 55.

# **Extended Forecast Click Here**