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*From the Sports Desk with John Loven*

## Lions Struggle in Season Opener Against Rams

The Castleberry High School football team lost their season opening game to Mineral Wells on Friday, Aug. 25 at W.O. Barnes Stadium in River Oaks.

The Lions kept the game close for most of the first half. However, the offense struggled most of the night and eventually the

defense wore down in very hot temperatures. This resulted in Mineral Wells running away in the second half to a 47-14 victory.

Prior to kickoff, Castleberry ISD made a special presentation and recognition.

**Dean Roberson** was brought out to

midfield with his extended family for a short ceremony. Roberson started working at Castleberry High School in 1960 (as an assistant football coach and head baseball coach) and retired from Cisd in 1990. He has continued to be a fixture at every CHS football game. Since that time, Roberson has not missed a single CHS varsity football game for last 63 years, which translates to 639 games – and still counting. The spry 93-year-old can probably recall most of those games if you asked him! Congratulations to a man that is truly a legend in Cisd and well deserving of the honor and recognition before the game.

The game itself was not one Roberson (continued on page 5)

*From Castleberry ISD*

## Castleberry ISD Earns 2023 TAEA District of Distinction Award

Only the top five and a half percent of districts in the state, including Castleberry Independent School District, earned the honor this year.



Pictured are Castleberry ISD's visual arts educators: (front row, l-r) **Jazmin Gonzalez** (Castleberry High School), **Amanda Cox** (A.V. Cato Elementary), and **Isabel Rocha** (Joy James Academy of Leadership); (back row) **Jason Brown** (Irma Marsh Middle School), **Greg Robinson** (Irma Marsh Middle School), **Rachel Cecil** (Castleberry High School), and **Tracey Haynes** (Castleberry Elementary).

The Texas Art Education Association (TAEA) announced the 68 winners of the 2023 District of Distinction Award. Among the list of honorees is Castleberry Independent School District. The districts received the honor for providing a well-rounded education that advocates and integrates visual arts curriculum to inspire creativity and build social emotional learning that connect learners to their community and beyond.

TAEA is the leading advocate for the visual arts in the state. The organization has previously honored outstanding TAEA members for work in their classrooms and districts. (continued on page 3)

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From Texas Department of Licensing Regulation

## Texans Can Apply to be a Volunteer Member of the New Mold Assessment and Remediation Advisory Board

Texans interested in serving as volunteer members of the new Texas Department of Licensing Regulation (TDLR) Mold Assessment and Remediation Advisory Board have until September 22 to apply for one of 11 slots on the board. Members will serve staggered six-year terms.

Senate Bill 1213 (88th Legislature, Regular Session) created the board and requires that members be appointed no later than Dec. 1, 2023. The board will provide technical knowledge and industry expertise to TDLR and the Texas Commission of Licensing and Regulation.

Members of the new advisory board will include:

- Three members who are licensed and engaged in mold assessment as consultants;
- Three members who are licensed and engaged in mold remediation as contractors;
- Two members who are building contractors principally engaged in home construction and who are members of a statewide building trade association;
- One member who is a representative of the insurance industry;
- One member who is a representative of an accredited mold training provider; and
- One member who represents the public.

Board members will be appointed by the Chair of the Texas Commission of Licensing and Regulation and approved by

members of the Commission.

As volunteers, members of the board are not compensated; they must cover their own expenses if they need to travel to Austin as part of their duties. Most TDLR advisory boards and commissions meet via videoconference, so any travel may be limited.

Anyone interested in serving as a member of the board can submit an application online (<https://www.tdlr.texas.gov/Advisory-Board/login.aspx>). TDLR will respond to all applicants.

### About TDLR

*TDLR provides regulatory oversight for a broad range of occupations, businesses, facilities, and equipment in Texas. The agency protects the health and safety of Texans by ensuring they are served by qualified, licensed professionals. Inspections of individuals, businesses, and equipment are done on a regular basis to safeguard the public. Currently, the agency regulates 38 business and occupational licensing programs with almost 1,000,000 licensees across the state.*

*Visit TDLR's website for more information and resources. You can search the TDLR licensee database, and also find past violations in which a final order was issued against companies or individuals. TDLR's Customer Service line is available anytime between 7 a.m. until 6 p.m., Monday through Friday, at 1-800-803-9202. TDLR representatives are fluent in English, Spanish and Vietnamese.*

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Editor: Emily Moxley, [suburbannews@sbcglobal.net](mailto:suburbannews@sbcglobal.net)

Classifieds: Vee Horn, [ca.suburbannews@sbcglobal.net](mailto:ca.suburbannews@sbcglobal.net)

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# TAEA District of Distinction Award (continued from page 1)

This is the fifth year that TAEA is honoring districts that meet rigorous criteria as evidenced from data.

The visual arts program in Castleberry ISD is a robust program that enjoys a great deal of support from the district. Every Castleberry ISD elementary student in grades Pre-K through five receives 50 minutes of high-quality visual art instruction each week. Additionally, all secondary students in grades six through 12 have access to continue their visual arts education with Advanced Placement offerings at Castleberry High School. The district has seven fully certified visual arts educators with a vertically and horizontally aligned visual arts curriculum.

“Visual Arts education is an integral component of our students' academic and personal growth, and the district is committed to providing our students with a comprehensive Visual Arts Program,” emphasized Renee Smith-Faulkner, Castleberry ISD superintendent of schools. “Starting in pre-kindergarten, all elementary students participate in music and art through fifth grade. Our district recognizes the profound benefits of participating in the visual arts and is dedicated to ensuring our students have access to this invaluable resource.”

Over 1,200 districts were eligible to

apply for the 2023 award. Each district submitted documentation they met from the 14-point rubric over the 2022-2023 school year. Only 68 districts met the high standard and will receive the outstanding honor indicating they are in the top 5.5 percent in art education of districts in the state.

The award application highlighted several notable achievements of the district's visual arts program from the previous year. One remarkable accomplishment was the submission of 10 out of 12 students who passed the AP Art Exam with a perfect score. This marked the first instance of such achievement in the school's history. Notably, a student from Castleberry High School emerged as the exclusive winner of the TAEA State Flag Contest among all participants across the state of Texas.

“Being counted among the top visual art programs in the state of Texas is a testament to how Castleberry ISD values and supports visual arts education in our wonderful district. It is an additional honor to be the only 4A district in the state to receive this honor in 2023,” said Steven Moss, Castleberry ISD director of fine arts.

Castleberry ISD exhibited widespread participation in both the TAEA Visual Art Scholastic Event and the Texas Elementary Art Meet. Many students obtained perfect scores in these events, with representatives

from elementary, middle, and high school advancing to the state level. Impressively, Castleberry ISD displayed its dominance by securing victories in all four categories of the Lions Club District 2E2 Red Ribbon Poster Contest for Visual Artists.

“Castleberry Independent School District has set a high standard for visual arts advocacy, integrated visual arts curriculum, encouraged creativity, community participation and student growth,” said the Chair of the Visual Art Administrators of Texas, a division of TAEA, Sandra Newton. “It is a true testament to your visual art educators’ skill, dedication, and flexibility that the quality of their programs continued to provide strong and comprehensive visual art educational experiences to students.”

Sixty-eight districts, including Castleberry ISD will be honored at the TAEA Administration and Supervision Division meeting and General Session during the TAEA Fall Conference General Assembly on Friday, Nov. 17.

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## From the Project Linus Blanketeers

# First Monday Quilt Club - Project Linus Volunteers Needed

Come join the fun and fellowship with the Quilt Club volunteers while you make a difference in our community and bless others by making quilts for Project Linus.

The First Monday Quilt Club will meet at Bethany Christian Church located at 1500 Meadow Park Drive in White Settlement from 10 a.m. to 1 p.m. on Monday, Sept. 4. Ladies may bring brunch or snack foods to share with others if desired.

Project Linus is a non-profit service organization. The members of this group are Tarrant County Chapter Project Linus volunteers who create handmade quilts and blankets that provide love, warmth, and comfort for local children who have suffered trauma, tragedy, or illness. Volunteers also make coverlets for veterans, nursing home residents, and the homeless. Unfortunately, the need for these blankets increases each month. They desperately need volunteers with portable sewing machines to help assemble the

quilts. No experience is needed - there is a place for you. Anyone can help if you can follow instructions, sew, tie a knot, crochet a blanket, or tell a good joke. Volunteers have lots of fun and develop fantastic friendships. High school students can receive community service credits for participating. Materials (fabric, batting, thread, and yarn) are provided.

Donations of fabric, yarn, thread, sewing machines, sergers, or money to purchase materials are greatly appreciated.

Come join the fun and enjoy fellowship with the Quilt Club volunteers while you make a difference in our community by being a blessing to others.

For more information about the mission of Project Linus, visit [www.projectlinus.org](http://www.projectlinus.org). For more information on this group and meetings, call Virginia Biela at 817-244-1263.



# This Fall, Older Adults Should Protect Their Health

With cold and flu season upon us, it’s time to protect yourself, not only from those seasonal threats, but also from other health risks.

“During the holidays, our lives get very busy with family and friends,” said Dr. J.B. Sobel, chief medical officer for Cigna Health-care’s Medicare business. “Before then, please take time to ensure you get the preventive care you need to stay healthy.”

Preventive care is critical for everybody, but particularly for older adults, and especially in fall when risks can increase, Sobel said. Recommendations vary based on age, gender and health status, but the following are some of the most common for seniors, according to Sobel.

## Vaccinations

There are a number of vaccines older adults need to consider to protect themselves. Flu and pneumonia, for example, are among some of the most common causes of senior deaths. There is no “one-size-fits-all” approach to vaccination. Timing and frequency vary, depending on your health history. Ask your health care provider which vaccines are appropriate for you.

- Flu. This vaccine is administered annually, generally before the end of October, and is designed to match the latest circulating flu strains.
- Pneumonia. Administration varies based on health history. If you’re 65 or older and you’ve never had the vaccine before, then you’ll likely need two shots, which are administered a year apart.
- Shingles. The Centers for Disease Control and Prevention (CDC) recommends two doses of the shingles vaccine for healthy adults aged 50 and older, spaced two to six months apart, to prevent shingles and related complications.
- COVID-19. Ask your doctors about current recommendations for prevention of COVID-19 infections.
- RSV. Earlier this year, the Federal Drug Administration approved two separate vaccines to address respiratory syncytial virus (RSV) in older adults. RSV, a common respiratory infection, usually causes mild, cold-like symptoms, but can be more severe in older adults and children. Talk to your doctor about whether you should get an RSV vaccine.

## Health Screenings

The following health screenings are commonly recommended for older adults.

- Mammogram. Breast cancer is the second leading cause of cancer death in women in the United States, according to the CDC. Every woman is at risk, and risk increases with age. Fortunately, breast cancer can often be treated successfully when found early. The U.S. Preventive

Services Task Force (USPSTF) recommends women 50 to 74-years-old at average risk get a mammogram every two years.

- Colorectal screening. Colorectal cancer risk increases with age. Screenings can find precancerous polyps early, so they can be removed before they turn into cancer. The USPSTF recommends colorectal cancer screening for adults age 45 to 75. Though colonoscopy is the most comprehensive test, there are other options you may consider with the help of your provider.
- Bone density scan. USPSTF recommends women aged 65 and older, and women 60 and older at increased risk, be routinely screened for osteoporosis, a disease in which bones become weak and brittle. Screening may facilitate treatment that helps prevent fractures.
- Eye exam. Routine eye exams can identify early signs of eye disease that are more likely as people age. People with diabetes in particular are prone to retinopathy, which leads to vision loss. It’s recommended that people with diabetes have annual retinal screenings.
- Mental health checkup. Many people experience seasonal depression during fall. Mental health is strongly linked to physical health. Talk to your health care provider about both, including your personal and family history. They can connect you with additional mental health resources.

To prevent unpleasant surprises, Sobel suggests talking with your health care provider, pharmacist or insurer about preventive care costs. Fortunately, costs are often covered fully by Medicare or Medicare Advantage, he said.

*The information contained in this article is not intended to be a substitute for professional medical advice, diagnosis, or treatment. Always seek the advice of your physician or other qualified health care provider with any questions you may have regarding a medical condition or treatment and before undertaking a new health care regimen.*

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## Sports Desk (continued from page 1)

would choose to remember however. After the opening kickoff (which saw a temperature of 106 degrees), the Lions gained just 3 yards on their first possession and were forced to punt. Unfortunately, the CHS punter did not hold onto the snap and fumbled it around and was tackled. The Rams then began with a first-and-goal on the Lions 10-yard line. Two plays later they scored to take a 7-0 lead (10:12/first).

The Lions could only gain one first down in their next three possessions. On the positive side, the CHS defense allowed Mineral Wells just one first down in their next three possessions as well. One of these possessions ended with a key sack of the Rams quarterback by senior Riley Bentley (#11) and sophomore Josh Rojas (#33) on a fourth down and six from the Lions 30-yard line.

The Rams did get a big play on their fifth possession of the night. Their running back broke loose for a 48-yard run down to the Lions 19-yard line. They scored two plays later to go up 14-0 with 5:48 left in the second quarter.

The most exciting play of the night for the Lions came on the next CHS possession. After a 27-yard kickoff return by senior Alex Veliz (#9) the Lions set up near mid-field. On 1st down, from their own 42-yard line, Lions quarterback junior Demetrius Valadez (#7) picked up his own fumbled snap and sprinted for a 55-yard gain before being dragged down on the Rams 3-yard line. Junior Cadyn Perez (#6) scored on the next play. Junior kicker Chris Montoya's (#23) point-after-touchdown was good. Suddenly, the Lions pulled within a score, and trailed 14-7 (5:10/second).

The Lions defense forced the Rams into a punt on the following possession. Things were looking up. With 1:53 left until half-time, CHS had the ball on their own 18-yard line. They quickly gained a first down after consecutive runs by sophomore Isaiah Ford (#25) gained 13 yards. After an incomplete pass and a rush for no gain the Lions faced a third-and-10 from their own 31-yard line. They called time out with 59 seconds left to think about their best option. The play, a screen to the left flat was a good call, but the

pass fell incomplete and stopped the clock. Then another run of misfortune took place. The Lions, on fourth down, lined up for a punt. But the CHS punter, after taking the snap, began to run to his right with the ball showing what appeared to be a fake punt. But then as he was about to be tackled, he made a very feeble punt which was returned to the Lions 2-yard line. Mineral Wells scored on the next play with just 30.1 seconds left in the half. They took a 21-7 lead into the locker room.

The second half kickoff took place with a temperature still at 100 degrees. The Lions caught a great break when the Rams fumbled the kickoff and it was recovered by junior Ethan Teran (#22). However, just when the Lions seemed to have seized the momentum of the game, it was short lived as they could not move the ball. On fourth-and-11 from the Rams 37-yard line they punted the ball back to Mineral Wells.

The Rams then broke the game wide open. They responded to the punt with a 96-yard touchdown run. The lead was pushed to 28-7 with 10:14 left in the third quarter. After another three-and-out by the Lions, the Rams scored again after a 59 yard, six-play drive. The Lion defense had begun to wear out after being on the field for so long

in the sweltering temperatures. The score swelled to 35-7 (6:10/third).

Near the end of the third quarter CHS finally put together a drive. They gained five first downs and drove the ball 75 yards (all on the ground). The drive ended with a 4-yard touchdown run by Ford (#25). Montoya's (#23) kick was good and the Lions trailed 35-14 with 7:18 left in the game. The Rams scored two more times in the fourth quarter to make the final score 47-14.

The Lions (0-1) will travel to face Peaster (-1) on Friday, Sept. 1. Both teams will be looking for their first win of the season as Peaster lost to Tolar 49-9 last week. Kickoff is scheduled for 7:30 p.m.

Go Lions!

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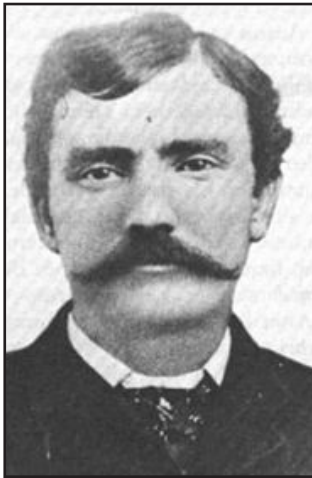
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## American Gunfighter - King Fisher by Dr. Ken Bridges

The days of the old frontier produced men whose legend grew bigger than the dusty plains. In those wild years where the West was still growing, who was in the right in the eyes of the law was often decided by who had the fastest gun.



One of the most notorious figures of South Texas in this era was **King Fisher**, a man who crowned himself the head of a cattle-theft ring and eventually became a lawman himself.

John King Fisher was born on his parents' farm in Collin County in 1854. He knew much loss early in his life. His mother died when he was only two years old, and his stepmother died only a few years after that. The hardships of the years after the Civil War forced the family to move to Williamson County, just north of Austin, where his father still had family.

By the time he was 15, he ran afoul of the law. In two separate incidents just weeks apart, he was arrested on charges of horse theft. In 1870, he was convicted and sentenced to two years in prison but only served four months.

After his release, he fell into a gang of cattle rustlers and gunslingers in the Rio Grande Valley. He learned their ways quickly and began dressing in flamboyant outfits and going by the name "King."

He soon took over his own gang, killing three Mexican men leading their own horse theft ring in the area. He soon built a network of hundreds of men dealing a brisk trade in stolen livestock. Before long, he owned his own ranch and routinely traded with such men as future Mexican President Porfirio Diaz in trading stolen cattle and gunning down anyone who stood in his way.

Fisher was known for his ruthlessness and his quick draw. Reportedly, he once said, "Fair play is a jewel. And I don't care for jewelry." Texas Rangers attempted to break up his criminal empire in 1876 and 1877, but local sheriffs refused to cooperate, making legal cases all but impossible.

By 1877, he had been indicted for murder six times and for horse theft twice. Each charge was ultimately dismissed.

He married in 1876 and soon had four daughters. His life shifted dramatically as a result. By 1881, Uvalde County officials were anxious to get the area under control and hired him as a deputy. In spite of his shady reputation and previous criminal conviction, Fisher was respected and popular in the area. And the thinking was that there was no one better to out-think or out-shoot a criminal than Fisher himself. He was noted for his efficiency and dedication.

By 1883, he was acting sheriff and looked to run for the position in the 1884 election.


On March 11, 1884, he went to a vaudeville theater in San Antonio with his friend Ben Thompson. Thompson himself had a notorious reputation. He had previously served as the city marshal of Austin until an incident in San Antonio in 1882. An argument over a card game with Jack Harris, who owned the vaudeville theater, erupted into a gunfight in which Thompson shot and killed Harris. Thompson resigned and was acquitted of murder.

Now the two gunmen strolled into the theater. Presumably the two were there to enjoy the show, but San Antonio was far from home for both. They had both made enemies in the city, but the two were skilled enough with the gun that enemies were never a problem for long. The two went to find their seats in a balcony section with one of the owners, a former partner of Harris, Joe Foster, and a local law officer, Jacob Coy. But trouble found them first.

As they went to sit, Fisher and Thompson were shot down in a blaze of gunfire from another balcony section. Fisher was hit by 13 bullets. Fisher pulled his gun and shot Coy, severely wounding him. As Fisher fired with his dying strength, Simms pulled his own gun and shot himself in the leg, dying days later. Fisher and Thompson died at the scene.

In the aftermath, a Bexar County coroner's jury ruled that the deaths of Fisher and Thompson were a result of self-defense.

The entire details of the ambush were never made clear, and San Antonio police were anxious to drop the matter. Fisher has been portrayed in television and movies in the years since. Like many characters of the Old West who lived by their wits and the speed of the draw, he left behind little and faded into legend.



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From Mary Isham Keith Chapter Daughters of the American Revolution

# Mary Isham Keith Chapter's 125th Anniversary Celebration

Mary Isham Keith Chapter Daughters of the American Revolution celebrated its 125th Anniversary with a luncheon at Ridglea Country Club on Aug. 5, attended by about 150 members and guests.



“Mary Isham Keith Chapter, Providing 125 Years of Service Across Three Centuries” was the theme of the celebration which opened with a pageant depicting “The Past”- flags of the five founding Chapters of the Texas Society DAR on the back row; “The Present” Honorary President General Lynn Forney Young (left) and Chapter Regent Charlsey Holler (right) on the center row; and “The Future” - children of the American Revolution members who participated in the pageant appear on the front row.



President General Pamela Rouse Wright awarded the prestigious NSDAR Founders Medal for Education to Honorary Chapter Regent Dr. Judith J. Carrier, whose long career in education and community leadership includes her service as founding president of the Tarrant County College District's Arlington Campus as well as her selection as the first woman to serve as president of the Downtown Rotary Club of Fort Worth.



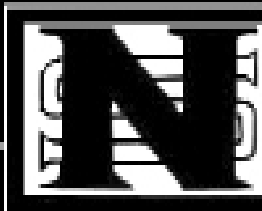
Keynote speaker Honorary President General NSDAR Lynn Forney Young's remarks after lunch told of Mary Isham Keith Chapter's history of service to God, Home and Country.



A memorial service at nearby Oakwood Cemetery Chapel following the luncheon. Chapter Regent Charlsey Holler and Chapter Honorary Regent Gwen Boyd conducted wreath ceremonies at the graves of Chapter Founding Regent Elizabeth Douglas Bell and Chapter Real Daughter Susan Spratt Polk Rayner.



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# Three Day Weekend Forecast



### Friday, Sept. 1:

AM - Sunny, with a high near 98. Southeast wind around 10 mph.  
PM - Clear, with a low around 71. East wind around 10 mph.



### Saturday, Sept. 2:

AM - Sunny and hot, with a high near 100. South wind around 10 mph.  
PM - Clear, with a low around 72.



### Sunday, Sept. 3:

AM - Sunny and hot, with a high near 99.  
PM - Clear, with a low around 75.

[Extended Forecast Click Here](#)