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# River Oaks News

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*From the Sports Desk with John Loven*

## Castleberry Lions Look Impressive in Second Scrimmage

For the second week in a row the Castleberry Lions football team had a strong showing in a scrimmage. Their first scrimmage (Aug. 10) was a three-team scrimmage at home with Gainesville and Breckenridge. The Lions fared well against both of these squads. On Thursday, Aug. 17, Castleberry hosted Sanger at W.O. Barnes Stadium and looked impressive once again.

The Lions are coming off a disappointing 1-9 record from last year. However, it appears Coach Juan Silva, entering his fifth year as CHS head football coach, has things turned around as the team enters the 2023 season. In this second scrimmage of the year the Lions faced a Sanger team which made the playoffs last year and finished 7-4.

As the varsity scrimmage began the outside temperature was 109 degrees. Usually field temperature, especially on artificial turf, is several degrees hotter. Coaches made sure their teams stayed hydrated as the training staffs kept the players supplied with fluids. The scrimmage began with each team having a 12-play series on offense and defense. The starters for each squad began the first series. The CHS defense allowed just 1 first down to the Indians in 12 plays – an impressive start. Then the CHS offense took the field and scored in just 9 plays, going 70 yards and gaining four first downs.

The backups went in for the second series. The Lions did not fare as well during this series. Sanger scored on a long 70 yard catch and run. Other than that, the Indians did not really move the ball. When the CHS offense took the field, they failed to get a first down.

The third series brought the starters back on the field. The Lions again shut down the Indians and even forced a fumble which they recovered during this series. However, when the CHS offense took over on the next series, despite getting four first downs, failed to score. The backups then got their final series of the evening and

had little success. The defense gave up one more touchdown on a long drive. The offense also failed to score.

After a rest and recovery break, the teams played two quarters of regular football. The only exception being there was no live kicking game. This meant there was no rushing, blocking or returning of kickoffs and punts. CHS totally dominated this part of the scrimmage. On the Indians first offensive snap the Lions intercepted a pass and ran it back for a touchdown. Unfortunately, CHS missed the point-after-touchdown but led 6-0.

The Lions forced the Indians to punt on their second possession. Castleberry took just three plays to score their second touchdown. This one came on a 50-yard run. The point-after-touchdown was good and the Lions led 13-0. After the defense forced another Sanger punt, the offense took over near mid-field. Ten plays later CHS scored on a 3-yard touchdown run to (continued on page 2)

*From the City of River Oaks*

## Texas Emissions Reduction Plan Reimbursement Grant

The City of River Oaks was recently approved for the Texas Emissions Reduction Plan (TERP) reimbursement grant for purchasing two new backhoes.

The Water department is funding one of the backhoes of which the city would be reimbursed \$96,000 for a new backhoe that would cost approximately \$128,000.

The other backhoe is in the street department, of which the grant reimbursement for that one is \$74,006 which would leave the city with only having to pay \$54,177 for a new backhoe that, if approved by the City Council, should give the city 15 to 20 years of service life.

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From the City of River Oaks

# 2024 Proposed Budget Public Hearing Aug. 29

The City's Proposed Fiscal Year 2024 Operational Budgets is available to [view here](#).

The public hearing to adopt the city operational budgets is Aug. 29, at 6 p.m. in the City Council Room located at 4900 River Oaks Blvd.

## Legal Notice

### NOTICE OF PUBLIC MEETING TO DISCUSS CASTLEBERRY ISD'S State Financial Accountability Rating

Castleberry ISD will hold a public meeting at 6:00, September 11, 2023 in the Board Room, Gary S. Jones Administration Building 5228 Ohio Garden Road, River Oaks, Texas 76114.

The purpose of this meeting is to discuss Castleberry ISD's rating on the state's financial accountability system.

## Sports Desk (continued from page 1)

go up 20-0 (point-after-touchdown was good) with 2:28 left in the first quarter.

Sanger's offense finally managed a drive as the first quarter ended and the teams entered the second quarter. They marched the ball from their own 25-yard line down to the Lions 32-yard line. But on a 4th-and-13, Castleberry came up with the big defensive sack of the Indians quarterback to force the ball over on downs.

This time however, the Lion offense stalled and punted. The Indians began their next possession on their own 20-yard line. After one incomplete pass, on second down, their running back broke loose on an 80-yard touchdown run. The point-after-touchdown was missed and with 9:18 left in the second quarter they trailed 20-6.

The Lions offense again failed to move the ball. They faced a 4th-and-16 from their own 19-yard line. Misfortune struck as they lined up in punt formation. The snap sailed well over the punter's head and out of the back of the endzone for a safety. With 7:53

left in the quarter the Indians now trailed the Lions 20-8.

Castleberry then had to kickoff and give the ball back to Sanger. But the Lions defense came up big again when it forced a fumble and recovered it to give the ball back to the offense. CHS then responded with a nine-play, 61-yard drive. The final play was a 5-yard touchdown run. The point-after-touchdown was good and increased the lead to 27-8 with 2:57 left. As time wound down Sanger did manage to move the ball from their own 25-yard line down to the Lions 36-yard line. But that drive ended when the CHS defense forced an incomplete pass on 4th-and-12.

The Lions appear to have a much improved offensive and defensive line from last season. This is reason enough to be excited for this year's team. Castleberry now enters the regular season. They will play Mineral Wells on Friday, Aug. 25. Kickoff is scheduled for 7:30 p.m. at W.O. Barnes Stadium. Go Lions!

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# Emergency App Offers Advice for a Variety of Situations

The American Red Cross Emergency App gives users instant access to safety and preparedness resources and alerts for 14 different types of emergencies in a free, easy to use mobile app.

The Red Cross app provides comprehensive information on what to do in case of hurricanes, earthquakes, floods, tornadoes, residential and forest fires among other emergencies. With the key word 'American Red Cross', users can download the emergency application for free at RedCross.org/Apps or in the Apple App Store and Google Play.

“This app gives families tips for being safe and connected in an emergency,” said Keith Rhodes, CEO, American Red Cross North Texas Region. “Because the app covers a variety of situations, the user will know what to do in the event of an emergency or disaster, regardless of where they are or type of emergency.”

The “We're Safe” or “Family Safe” feature allows the user to connect with their loved ones and instantly see if they're okay – even if that family member hasn't downloaded the emergency app on their device. If the family member or friend does not have the Red Cross emergency app, they will receive a text message asking if they are safe or not. The app also has a "I'm sure" button which allows the user to send a message to report that they are out of danger.

Here are some of the many features the app includes:

1. According to the user's preferences, the application offers more than 35 alerts based on geographic location (GPS) and pre-programmed locations – usually where family and friends live.
2. The user can activate or deactivate alerts according to their needs.
3. By means of a map, in the application, the user can locate Red Cross shelters and obtain weather reports specific to their area.
4. Users can easily change the preferences of the application and receive information in English or Spanish.
5. The Red Cross emergency app is also a source of information for incidents affecting large areas, such as landslides or snowstorms.
6. Its content puts the Red Cross expert guidance in your hands,

anytime, anywhere – even without mobile connectivity.

7. The “Residential Fires” section offers tips on fire prevention, how to help protect yourself and your family in the event of an accident as such, the most common disaster risk in the United States.

8. With the touch of a button the user has access to the “make a plan” function, which allows him to elaborate, share and practice his disaster plan.

In addition to mobile phones and tablets, the “We're Safe” feature is also available on the Apple Watch.

Apps can help you prepare for disasters, it's important to remember that downloading our apps is not a substitute for training. For information on how to register and take a First Aid, CPR and AED class, visit RedCross.org and click “Take a Class”.

CASTLEBERRY HIGH SCHOOL  
VARSITY LIONS  
FOOTBALL SCHEDULE

DATE	TIME	OPPONENT	VENUE	THEME OR RECOGNITION
AUGUST 25	7:30 PM	MINERAL WELLS	W.O. BARNES	SEASON OPENER
SEPTEMBER 1	7:30 PM	PEASTER	PEASTER H.S. GREYHOUND STADIUM 3432 HARWELL LAKE RD, WEATHERFORD, TX 76088	
SEPTEMBER 8	7:30 PM	BRIDGEPORT	W.O. BARNES	LYSA NIGHT
SEPTEMBER 22	7:00 PM	LAKE WORTH	LAKE WORTH KITTRELL STADIUM 4210 BOAT CLUB RD, LAKE WORTH, TX 76135	
SEPTEMBER 29	7:30 PM	KENNEDALE	W.O. BARNES	MILITARY APPRECIATION
OCTOBER 6	7:00 PM	DIAMOND HILL	HANDLEY FIELD 6201 CRAIG ST, FORT WORTH, TX 76112	
OCTOBER 13	7:30 PM	WESTERN HILLS	W.O. BARNES	HOMECOMING
OCTOBER 20	7:00 PM	DUNBAR	CLARK STADIUM FWISD SE LOOP 820 @ WICHITA ST, FORT WORTH, TX 76119	
OCTOBER 27	7:30 PM	EASTERN HILLS	W.O. BARNES	SENIOR / SWEETHEART / PINK OUT / RED RIBBON
NOVEMBER 2	7:00 PM	CARTER RIVERSIDE	HANDLEY FIELD 6201 CRAIG ST, TX, FORT WORTH, 76112	

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# Dispelling Common Misconceptions About Hospice Care



Hospice is intended to provide comfort and support to patients at the end of their life so that they can experience their remaining time in the best ways possible. Experts say that unfortunately, misconceptions about hospice often lead people to make uninformed decisions at a critical, complex juncture in their lives.

“There is often an idea that hospice equates to giving up. But hospice is actually about taking control,” says Paul Mastrapa, president and chief executive officer of Interim HealthCare Inc. “It’s the job of the hospice team to understand what a patient’s goals for end-of-life care are, and help them live that last trajectory of their life the way they want to.”

To help patients, their caregivers and family members, and those in the healthcare industry better understand the services and benefits hospice provides, Interim HealthCare is dispelling some of the most common misconceptions:

**Myth:** Hospice means giving up.

**Fact:** The primary goal of hospice is delivering comfort, support and specialized medical care to those ready to forgo curative treatment. Research has shown that a person who spends time on hospice has a greater quality of life at the end of their life. And while the goal is not to prolong life, there are statistics that show that hospice gives patients more time compared to patients who had the same disease trajectory and didn’t receive hospice.

**Myth:** Hospice is only appropriate for the last few days of life.

**Fact:** Hospice can actually last for months, and entering hospice sooner rather than later translates to fewer hospitalizations, better symptom relief and greater comfort.

**Myth:** You must give up all your medications.

**Fact:** While the hospice care team will make recommendations about which medications are still beneficial to a patient at their stage of illness, patients and families get the final say.

**Myth:** Hospice is a place.

**Fact:** Hospice can entail in-patient care, but more typically, services are delivered wherever a patient calls home. The nurse, social worker, spiritual care provider, aide and other members of

the hospice care team meet the patient where they are, be that in a residential home, an assisted living community or in another institutional setting.

**Myth:** Hospice is only for patients with specific diseases.

**Fact:** Anyone with a life-limiting chronic disease, from congestive heart failure to pulmonary disease to Alzheimer’s, can choose hospice.

**Myth:** Hospice ends when the patient dies.

**Fact:** Hospice providers often offer support to those who have lost a loved one. In the case of Interim HealthCare, bereavement services are offered for 13 months.

**Myth:** Hospice work is draining.

**Fact:** When done right, hospice work can be extremely rewarding. Hospice care workers help patients and families find peace of mind, and reach a place of acceptance during a complicated and emotional time in their lives. Hospice workers believe in the mission of providing compassionate, patient-centric medical care and support to those at the end of their life, and they’re given a voice in the individualized care they provide.

The hospice market is the second-fastest growing healthcare segment nationwide, according to Bank of America research, which translates to a growing number of job opportunities. Hospice providers are currently recruiting candidates just starting out in their career and those looking to make a change. To learn more, visit [careers.interimhealthcare.com](https://www.interimhealthcare.com/careers).

For more information about hospice care services for yourself or a family member, visit <https://www.interimhealthcare.com/services/hospice/>.

“Although people don’t always feel comfortable talking about end-of-life care, having these conversations can ensure one’s final days are peaceful and fulfilling,” says Mastrapa.

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*From the Fort Worth Decorative Painters*

## ***FWDP Monthly Meeting to be held Sept. 17***

The Fort Worth Decorative Painters will hold their monthly meeting on Monday, Sept. 17 at 6 p.m. at the Fort Worth Botanic Garden Center located at 3220 Botanic Garden Blvd in Fort Worth.

Sharlene King will instruct a painted holiday notecard project.

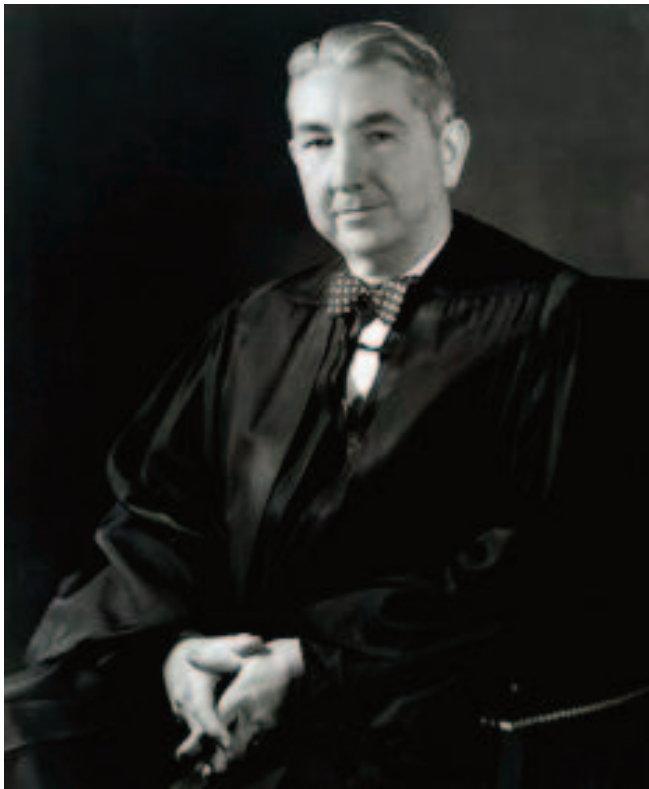
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# 59th United States Attorney General - Thomas Campbell Clark

by Dr. Ken Bridges



Thomas Campbell Clark played an important role in shaping many of the civil liberties Americans enjoy today during his career. As part of a long and distinguished legal career, Clark became the first – and to date, only – Texan to serve on the United States Supreme Court.

Clark was born in Dallas in 1899. As a young man, he received a degree from the University of Texas in 1921 and completed law school the next year. He quickly returned to Dallas, eager to begin his law career.

He worked for the next few years in private practice in Dallas. In 1924, he married Mary Ramsey, the daughter of a former state supreme court justice, and eventually had three children with her. With a growing family to support, Clark joined the district attorney's office in 1927. He left after a few years to return to private practice, but in 1937, he received a great opportunity when he became a special assistant to U. S. Attorney General Homer S. Cummings.

At the attorney general's office, his career advanced quickly. In 1938, he was assigned to the antitrust division, combating monopolies. After World War II began, Clark investigated cases of espionage and subversion against the United States. By 1943, he was serving as assistant attorney

general in the War Fraud division. Through this work, he several defense contractors indicted who sold shoddy equipment to the military or outright stole money from the government during the war.

Shortly after Harry S. Truman became president upon the death of President Franklin D. Roosevelt in 1945, he appointed Clark as the new attorney general, having been impressed by Clark's work against contractor fraud.

When Supreme Court Justice Frank Murphy died in 1949, President Truman appointed Clark to fill the position. As a member of the Supreme Court, Clark helped usher in drastic changes in civil rights laws across the nation. In 1950, in *Sweatt v. Painter*, he ruled with the court's majority that the University of Texas must admit African-American applicants. With *Terry v. Adams* in 1953, he helped strike down the "white primary," which allowed state political parties to exclude minorities from their primary elections. In 1954, he was part of the High Court's unanimous ruling in the *Brown v. Board of Education* case that ruled racial segregation in all schools to be unconstitutional.

Clark was also part of the majority decision in *Gideon v. Wainwright* in 1963, which declared that states had to provide attorneys for anyone accused of a crime. This decision led to hundreds of wrongfully convicted inmates being freed. He was also part of the unanimous *New York Times v. Sullivan* decision in 1964 to protect newspapers and free speech by redefining libel as a statement that is both knowingly false and meant to defame another person's reputation.

Tom Clark retired from the Supreme Court in 1967 and was replaced by Thurgood Marshall. Shortly after his retirement, his son, Ramsey Clark, was appointed attorney general by President Lyndon Johnson.

He remained very active in his retirement. He became director of the Federal Judicial Center, a program designed to help courts with research and training for judges,

shortly after its founding. He stepped down from the center in 1970 and continued to serve as a visiting judge for the US Court of Appeals, acting as a temporary judge for special cases. He died quietly in New York City in 1977. Years later, Clark High School in San Antonio, was named for him as well as the Tom C. Clark State Office Building in Austin.



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# NCTCOG Hosting Four High-Speed Transportation Open House Opportunities Beginning Aug. 29

Plans to link Fort Worth, Arlington and Dallas with high-speed rail are moving ahead, and the North Central Texas Council of Governments wants to hear what potential users of the system think. The formal National Environmental Policy Act (NEPA) review process of the Dallas-Fort Worth High-Speed Transportation Connections Study will kick off in September, and NCTCOG is hosting four open house events to allow the public a chance to learn more about the project.

The first open house is scheduled for 5 p.m. Tuesday, Aug. 29 at NCTCOG’s Arlington offices. Subsequent open houses will be hosted at 4 p.m. Thursday, Aug. 31 at the Fort Worth Central Station Community Room; 5 p.m. Wednesday, Sept. 6 at the Tony Shotwell Life Center in Grand Prairie; and 4 p.m. Thursday, Sept. 7 at the West Dallas Multipurpose Center.

The open houses will encourage an open dialogue, similar to meetings held during the first phase of the study in 2021. A short video will discuss the project and presentation boards throughout each venue will explain different high-speed technologies and illustrate the recommended route.

During Phase 1 of the project, planners evaluated high-speed transportation alternatives, including alignments and various high-speed technologies, that could enhance travel between Dallas, Arlington and Fort Worth. Now, the proposed high-speed transportation project between Dallas and Fort Worth is in Phase 2, focusing on a single corridor and identified station locations, with the goal of evaluating potential social and environmental impacts along the corridor.

Planners and engineers have identified the preferred route to be generally located along Interstate Highway 30 between downtown Dallas and downtown Fort Worth, with a stop in the Arlington Entertainment District. Currently, they are advancing preliminary engineering design of this alignment to support the social and environmental analysis of high-speed rail.

The high-speed rail line being studied in North Texas would provide connections with local transportation systems and link directly to future high-speed services such as the planned Dallas-to-Houston high-speed rail line.

The 12-county metropolitan area currently has a population of 8 million and is expected to add an additional 3 million-plus people by 2045. The projected 2045 population of over 11 million would be approximately 50% larger than in 2018. Implementation of high-speed rail technology will help alleviate the increase in highway congestion that is expected to occur because of the population growth.

## High-Speed Transportation Open Houses

Date/ Time	Location
Aug. 29, 5-7:30 p.m.	North Central Texas Council of Governments 616 Six Flags Drive Arlington, TX 76011
Aug. 31, 4-7 p.m.	Fort Worth Central Station Community Room 1001 Jones St. Fort Worth, TX 76102
Sept. 6, 5-7:30 p.m.	Tony Shotwell Life Center 2750 Graham St. Grand Prairie, TX 75050
Sept. 7, 4-7 p.m.	West Dallas Multipurpose Center 2828 Fish Trap Road Dallas, TX 75212

## About the North Central Texas Council of Governments:

NCTCOG is a voluntary association of local governments established in 1966 to assist local governments in planning for common needs, cooperating for mutual benefit, and coordinating for sound regional development. NCTCOG's purpose is to strengthen both the individual and collective power of local governments and to help them recognize regional opportunities, eliminate unnecessary duplication and make joint decisions.

NCTCOG serves a 16-county region of North Central Texas, which is centered in the two urban centers of Dallas and Fort Worth. Currently, NCTCOG has 238 member governments including 16 counties, 169 cities, 19 school districts and 27 special districts. For more information on the NCTCOG Transportation Department, visit [www.nctcog.org/trans](http://www.nctcog.org/trans).

## About the Regional Transportation Council:

The Regional Transportation Council (RTC) of the North Central Texas Council of Governments has served as the Metropolitan Planning Organization (MPO) for regional transportation planning in the Dallas-Fort Worth area since 1974. The MPO works in cooperation with the region’s transportation providers to address the complex transportation needs of the rapidly growing metropolitan area. The Dallas-Fort Worth metropolitan area includes Collin, Dallas, Denton, Ellis, Hood, Hunt, Johnson, Kaufman, Parker, Rockwall, Tarrant and Wise counties. The RTC’s 44 members include local elected or appointed officials from the metropolitan area and representatives from each of the area’s transportation providers. More information can be found at [www.nctcog.org](http://www.nctcog.org).

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## From Protection Animals of White Settlement Low Cost Vaccination Clinic

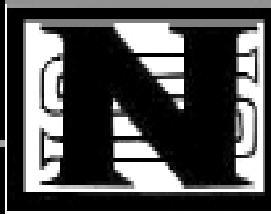
The Protecting Animals of White Settlement (PAWS) team will host Texas Coalition for Animal Protection (TCAP) at the White Settlement Recreation Center for a low cost vaccination clinic on Saturday, Sept. 23 from 10 a.m. to noon.

PAWS will also distribute city licenses for accompanying rabies shots. The cost for each dog license is \$10 (cash or check).

For more information, call 817-246-1043.



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# Three Day Weekend Forecast



## Friday, Aug. 25:

**AM** - Sunny and hot, with a high near 107. W/SW wind 5-10mph becoming E/NE in the afternoon.  
**PM** - Partly cloudy, with a low around 83. East wind 5-15mph becoming S/SW after midnight.  
Winds could gust as high as 20mph.



## Saturday, Aug. 26:

**AM** - A 20% chance of showers and thunderstorms after 1pm. Sunny and hot, with a high near 107.  
S/SW wind 5-10mph becoming E/SE in the afternoon.  
**PM** - Mostly clear, with a low around 81. S/SE wind around 10mph.



## Sunday, Aug. 27:

**AM** - A 20% chance of showers and thunderstorms after 1pm. Sunny and hot, with a high near 105.  
W/SW wind 5-10mph becoming east in the afternoon.  
**PM** - A 20% chance of showers and thunderstorms. Partly cloudy, with a low around 79.

[Extended Forecast Click Here](#)