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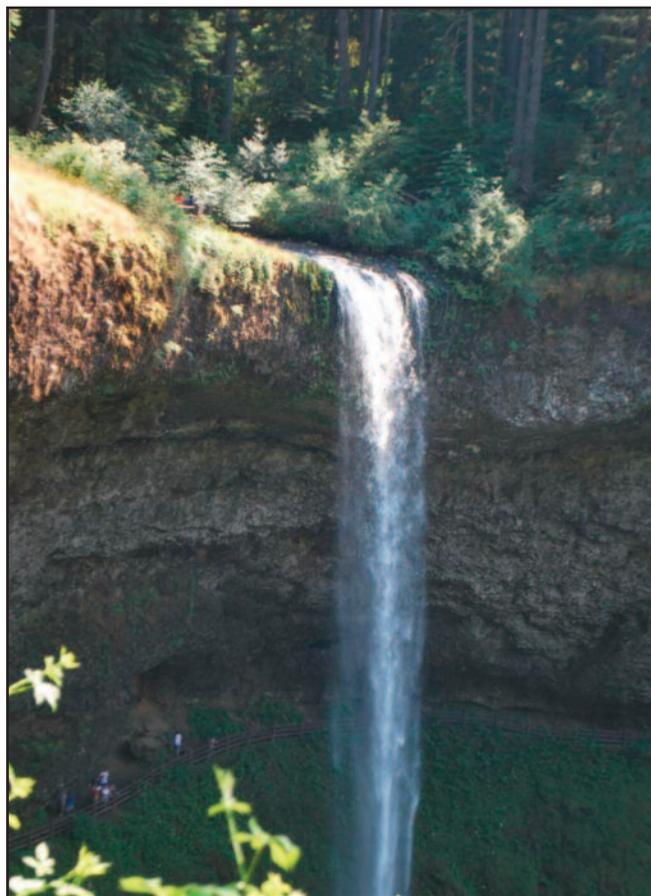
# River Oaks News

Established 1939 • A Publication of Suburban Newspapers, Inc.

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From Friendship Force Fort Worth

## Friendship Force Fort Worth's Journey to Oregon



Members of Friendship Force Fort Worth traveled to the Willamette Valley of Oregon on Monday, July 25. They stayed in the homes of the Oregon Friendship Force members and were treated to the sights and tastes of what Oregon has to offer.

Over the week they ventured to Alsea, Oregon to lunch in the Thyme Garden and beyond to Newport and the Pacific coast.

Members partook in the Marine

Discovery Tour, an environmental whale and sea life cruise, and afterward visited the renowned Yaquina Bay lighthouse.

Later in the week some members visited Silver Falls State Park consisting of a three mile trek to view 10 enormous waterfalls. Members also visited historical museums and a nineteenth century mansion.

On the last day they visited a 67 acre farm where organically grown fruits and vegetables are planted and harvested twelve months of the year and distributed to restaurants, grocers and farmers markets throughout central Oregon.

Members then visited Lumos Winery for a wine tasting. The highlight of the week was a visit to Albany, Oregon to a notable carousel of hand carved mounts. The attraction is an ongoing effort in progress managed by volunteers since 2004. Volunteer carvers will proceed to create more figures in the basement below and will continue until the carousel is complete.

Afterward members said their goodbyes and returned to the brutal heat of Texas. Nonetheless, home sweet home.

For more information about the Fort Worth club, visit the home page [ffw.org](http://ffw.org) or send a note to [Membership@ffw.org](mailto:Membership@ffw.org).

From the City of White Settlement

## 1000 Books Before Kindergarten



The 1000 Books Before Kindergarten program is a nationwide challenge that encourages parents and caregivers to regularly read aloud to their children.

Research shows that the most reliable predictor of school success is being read to during early childhood.

Most importantly, sharing books with children promotes a lifelong love of books and reading.

Participants in the Library's program receive a welcome packet with activities and tips, reading logs, stickers for reaching each 100-book milestone, and a certificate, medal and prize upon completing 1000 books.

Readers can log their reading on paper reading logs that can be picked up at the library or online at [wstxreads.read-squared.org](http://wstxreads.read-squared.org).

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From the City of White Settlement

# Rock the Boat - Cardboard Boat Race



Challenge your innovative thinking skills during our First Rock the Boat Cardboard Boat Race. The race will be held at Splash Dayz on Saturday, Sept. 10 from 1 to 5 p.m.

Participants will create their own cardboard boat prior to the event using cardboard and other various supplies. Prizes will be awarded to the winners!

After creating their boat, teams will race across the Splash Dayz wave pool! We challenge you to be as creative and unconventional as possible!

**Pre-registration** is required for this event. To register and see contest rules [click here](#).

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From the Tarrant Regional Water District

# TRWD Trash Bash to Return Sept. 17

For the past 30 years, TRWD has committed to engaging with the communities that surround its waterways to promote community organized cleanups.

Over the years, thousands of community members have removed over 500 tons of garbage with one mission in mind, protecting the natural resources that surround them.

This year is no different. We are asking you to embark on this mission of protecting the waterways surrounding your community again starting Sept. 10 at Lake Bridgeport, Sept. 17 at Eagle Mountain Lake and the Trinity River in Fort Worth, and Sept. 24 at Cedar Creek Lake.

We have exciting news this year - the return of the coveted after party!

Follow @TRWDTrashBash on Facebook and Instagram to learn more and stay tuned for more exciting news.

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From the American Red Cross

## Emergency App Offers Advice for a Variety of Situations

The American Red Cross Emergency App gives users instant access to safety and preparedness resources and alerts for 14 different types of emergencies in a free, easy to use mobile app.

The Red Cross app provides comprehensive information on what to do in case of hurricanes, earthquakes, floods, tornadoes, residential and forest fires among other emergencies. With the key word 'American Red Cross', users can download the emergency application for free at [RedCross.org/Apps](https://RedCross.org/Apps) or in the Apple App Store and Google Play.

“This app gives families tips for being safe and connected in an emergency,” said Keith Rhodes, CEO, American Red Cross North Texas Region. “Because the app covers a variety of situations, the user will know what to do in the event of an emergency or disaster, regardless of where they are or type of emergency.”

The “We’re Safe” or “Family Safe” feature allows the user to connect with their loved ones and instantly see if they’re okay – even if that family member hasn’t downloaded the emergency app on their device. If the family member or friend does not have the Red Cross emergency app, they will receive a text message asking if they are safe or not. The app also has a “I’m sure” button which allows the user to send a message to report that they are out of danger.

Here are some of the many features the app includes:

1. According to the user's preferences, the application offers more than 35 alerts based on geographic location (GPS) and pre-programmed locations – usually where family and friends live.

2. The user can activate or deactivate alerts according to their needs.

3. By means of a map, in the application, the user can locate Red Cross shelters and obtain weather reports specific to their area.

4. Users can easily change the preferences of the application and receive information in English or Spanish.

5. The Red Cross emergency app is also a source of information for incidents affecting large areas, such as landslides or snow-storms.

6. Its content puts the Red Cross expert guidance in your hands, anytime, anywhere – even without mobile connectivity.

7. The “Residential Fires” section offers tips on fire prevention, how to help protect yourself and your family in the event of an accident as such, the most common disaster risk in the United States.

8. With the touch of a button the user has access to the “make a plan” function, which allows him to elaborate, share and practice his disaster plan.

In addition to mobile phones and tablets, the “We’re Safe” feature is also available on the Apple Watch.

Apps can help you prepare for disasters, it's important to remember that downloading our apps is not a substitute for training. For information on how to register and take a First Aid, CPR and AED class, visit [RedCross.org](https://RedCross.org) and click “Take a Class”.



# YOU AND YOUR SPRINKLER *happily ever after*

It’s time for a better relationship with your sprinkler system. Learn how to program it so it only waters up to twice a week – even in the heat of the summer. Make sure it doesn’t run too long and send water into the street. And turn the sprinklers off if it’s going to rain. You and your sprinkler system, working together to keep the towers full.



# First Lady, Claudia Alta “Lady Bird” Johnson by Dr. Ken Bridges

The American highway is a unique experience. Americans can travel anywhere at any time connected by a network of tens of thousands of miles of paved highways. Drivers can drive through farmlands, hills, dense forests, towering mountains, and flower-strewn prairies in a matter of hours compared to the days or weeks that same journey would require of 19th century settlers. In Texas, the springtime views of whole fields covered in bluebonnets make driving the many miles all the more pleasant. And so much of the uninterrupted natural beauty of the byways and freeways of today is because of Lady Bird Johnson.

She was born Claudia Alta Taylor in December 1912 in Karnack, a small community in Harrison County near the Texas border with Louisiana. Her father, Thomas Jefferson Johnson Taylor, had been a success story in his own right – the son of a poor sharecropper who came to own 15,000 acres of prime cotton land, two thriving general stores, and one of the finest mansions in the area. As a young child, she picked up the nickname “Lady Bird” after her nursemaid said that she was “pretty as a lady bird.”

She graduated high school at age 15, attending Marshall High School in nearby Marshall, graduating third in her class. She then earned a history degree at the University of Texas in 1933 and a degree in journalism in 1934. It was in Austin in 1934 that she met Lyndon B. Johnson, then a congressional aide. Johnson proposed to her on the first date, but she managed to convince him to wait before they married ten weeks later.

Lady Bird Johnson helped her husband climb the political ladder. She helped him finance his first congressional campaign and would work behind the scenes and appear at campaign rallies with him. When her husband was elected vice-president in 1960, she continued to travel across the country and often served as a stand-in for First Lady Jackie Kennedy. After the assassination of President John F. Kennedy in 1963, she consoled Jackie Kennedy on the long flight back to Washington, DC, and in the weeks afterward as she and her children stayed at the White House.

Highway beautification had been a passion of the First Lady for a number of years. Johnson led a number of White House conferences on beautification and the environment. She had been quietly pushing her husband to enact legislation to improve the scenic beauty of the American roadway. Her vision was finally realized when President Johnson signed the Highway Beautification Act in 1965.

This act immediately limited the number and size of billboards along interstate highways and U. S. Highways across the country. It provided funding to help cities clean up local parks and helped fund the development and re-development of green spaces along highways. It limited the view of junkyards from view and encouraged state and local laws limiting dumping and pollution along highways. This immediately inspired community clean-up efforts across the nation and similar laws at the state and local level aiming to stop litter and pollution. States and cities also worked to create scenic roads, highways, and overlooks in the 1970s and 1980s

while also encouraging the popular Pitch In! anti-litter campaign and the adopt-a-highway and adopt-a-street programs to control pollution.

In one speech, she said, “First, we shape our buildings, and then they shape us. The same is true of our highways, our parks, our public buildings, and the environment we create. They shape us.” She established Project Pride to encourage community groups and schools to reduce litter, especially in Washington, DC. Her projects inspired rehabilitation of vacant buildings, creation of new parks on empty lots, and the planting of flowers and trees in dilapidated parks and green spaces, particularly at national historic sites across the nation’s capital.

The Johnsons returned to Austin after LBJ’s presidency ended in 1969. Beautification continued to be an important project for Lady Bird Johnson. She worked with Austin city leaders on improvement of the Town Lake area, today a popular park area. In 1982, she co-founded the National Wildflower Research Center near Austin with Helen Hayes. The center was renamed for Johnson in 1994.

Lady Bird Johnson died at age 94 in 2007. A number of schools and buildings have since been named in her honor, and she received many awards for her work. In 2007, Austin’s Town Lake was also renamed Lady Bird Lake in remembrance of her work.

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# Knitting and Crochet Group

## Meets Next Sept. 6



Knitty Gritty, the library's knitting and crochet group, will take a hiatus during the month of August. When the group begins meeting again in September, they will be meeting at 3 p.m. on Tuesdays instead of 4 p.m.

We hope to see everyone back on Sept. 6 at our new time of 3 p.m. Knitty Gritty is free and does not require registration, so we'd love to see some new faces in September!

# Teen DIY: Sea Shell Necklaces



Teens in the seventh through 12th grades are invited to join us making fun tools, decor, fidget toys, and more! Generally, Teen DIY meets the last Monday of each month at 4:30 p.m.

This month we'll be making awesome necklaces using real sea shells.

This is a free event and all materials are provided. Signing up is encouraged, teens can sign up [online here](#).

 A graphic showing the accountability ratings for Castleberry Independent School District. At the top, it says "CASTLEBERRY INDEPENDENT SCHOOL DISTRICT ACCOUNTABILITY RATINGS" and "TEXAS EDUCATION AGENCY ACCOUNTABILITY". The overall district rating is a "B" with a score of 86. Below this, individual school ratings are listed:
 

87 A.V. CATO ELEMENTARY	97 REACH HIGH SCHOOL
92 JOY JAMES ACADEMY	83 CASTLEBERRY HIGH SCHOOL
78 CASTLEBERRY ELEMENTARY	77 IRMA MARSH MIDDLE SCHOOL

 At the bottom, it says "READ MORE ONLINE WWW.CASTLEBERRYISD.NET".

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 A photograph of a candle service at night, with many lit candles and people gathered.
 

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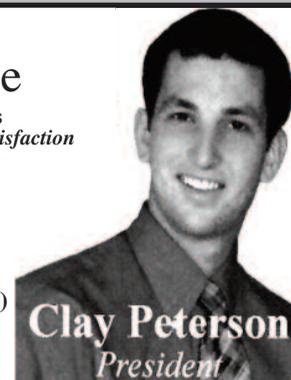
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## Three Day Weekend Forecast



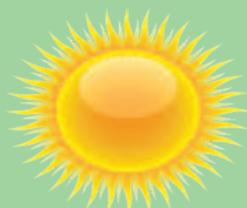
### Friday, Aug. 26:

**AM** - A 20% chance of showers. Sunny; high near 88. Variable wind becoming E/SE 5-10mph.  
**PM** - Mostly clear; low around 72.



### Saturday, Aug. 27:

**AM** - A 20% chance of showers. Mostly sunny; high near 90.  
**PM** - Mostly clear; low around 74. SE wind around 10 mph.



### Sunday, Aug. 28:

**AM** - A 20% chance of showers. Mostly sunny; high near 92.  
**PM** - A 20% chance of showers. Partly cloudy; low around 75.

[Extended Forecast Click Here](#)